

Activity Calendar May to July 2024

Activities	Monday	Tuesday	Wednesday	Thursday	Friday
Please contact us to register if you are interested in joining any of our groups	Work Skills 9.30am to 11.00am The Saplings, Parkfield Road, WV4 6EL	ESOL for Health Conversational English 9.30 to 11am The Saplings, Parkfield Road, WV4 6EL	ESOL – Speaking and listening 9.30am to 12pm The Saplings, Parkfield Road, WV4 6EL	 Visit us on Facebook. @ Aspiring Futures for updates on our (aspiring) future events!	ESOL Skills for Work & Life English & Maths for Work 9.15am to 12.45pm The Saplings, Parkfield Road WV4 6EL
Counselling Befriending	Digital Skills 11am to 11.45am The Saplings, Parkfield Road, WV4 6EL	 Counselling Service Mon/Tues/Wed/Thurs/Fri Face-to-Face, Telephone or on-line Call to book Tel: - 0755 766 7609	ESOL – Functional Skills in Maths 1.15 to 3.15pm The Saplings, Parkfield Road, WV4 6EL	Empowering Women 9.30am to 12pm Book for September 2024 6 week Course (starting every 6 weeks please call to check availability) The Saplings, Parkfield Road, WV4 6EL	Asian and Arabic Cooking from around the world 11.30 to 2pm All Saints Community Centre, All Saints Road WV2 1EL
Empowering Women Health & Wellbeing Drop In's	ESOL (Non-Accredited) 12.30pm – 2.30pm Room 2 Newhampton Art Centre (NAC), Dunkley Street, WV1 4AN	ESOL Chatty Café/Drop In Sewing Group 11am to 2pm The Saplings, Parkfield Road, WV4 6EL	Wellbeing Wednesday Zoom 10 to 11.15am Zoom Link (link can be sent on request) Tel: - 0755 766 7609 https://us06web.zoom.us/j/89314780415?pwd=RHdSQm9OK29oTFNlZb0tnQkZwT0I3dz09	Mind & Meditation 12.30 to 2.15pm Book for September 2024 6 week Course (starting every 6 weeks please call to check availability) The Saplings, Parkfield Road, WV4 6EL	Feel Good Friday & Yoga 9.30 to 11.30am Bob Jones Community hub, Bromley Street WV2 3AS
Work Skills Digital Support Aspiring Allotment	Monday Meet Up 12pm to 1.15pm The Saplings, Parkfield Road, WV4 6EL		Stay and Play Ages 0-4 years 12 to 1.30pm Whitmore Reans Children's Centre WV1 4AL	Life Skills ESOL 9.30am to 11.30am Al Amin Mosque, Culwell Trading Estate, WV10 0PG	6 week – Mindfulness Course 10am to 12pm Book for September 2024 6 week Course (starting every 6 weeks please call to check availability) The Saplings, Parkfield Road, WV4 6EL
Yoga Kids Clubs Meditation	Mind and Meditation 13.30 to 3.30pm Book for September 2024 6 week Course (starting every 6 weeks please call to check availability) The Saplings, Parkfield Road, WV4 6EL	Talking Tuesdays Every 1 st and 3 rd Tuesday of the month (Please call to book) 5 to 6.30pm The Harrowby, Harrowby Road, WV10 6RQ Tel:- 0755 766 7609	Aspiring Allotment 12pm to 3pm (from 6th June) Howell Road Allotments, Parkfields Check our Facebook for updates on the day	ESOL Chatty Café/ Drop In 12 to 1.30pm Al Amin Mosque, Culwell Trading Estate, WV10 0PG	ESOL – Functional Skills in English 1.15 to 3.15pm The Saplings, Parkfield Road, WV4 6EL
ESOL Mindfulness Sewing Group	 Visit us on Facebook. @ Aspiring Futures for updates on our Aspiring Future events!	 Befriending Service Mon/Tues /Thurs Via Telephone Call to book Tel: - 0755 766 7609	Employment Support Telephone Appointments are available on a Wednesday for people who have completed Work Skills Please call to book on 0755 766 7609 Kids Minecraft Club Ages 6-13 3.45 to 5pm An afternoon club for children to learn new skills, improve confidence and make new friends. The Saplings, Parkfield Road, WV4 6EL	 Counselling Service Mon/Tues/Wed/Thurs/Fri Face-to-Face, Telephone or Zoom appointments available. Call to book Tel: - 0755 766 7609	Half Term Club Fun & Games, Arts & Crafts, Learning new skills, Making new friends, Free Lunch Call for event details & to book. Tel: - 0755 766 7609